

Are there any support groups for families of CJD patients?

Yes. A listing of support groups can be found at:

http://www.rarediseases.org/search/rdbdetail_abstract.html?disname=Creutzfeldt+Jakob+Disease

I'm learning that personal and family medical histories help physicians diagnose and treat their patients. What can I do to make sure that my doctor has my complete medical history?

You can develop your personal medical history and update it whenever there is a change. You can also create a medical family tree. The following links provide information on how to create your own health record and how to make a medical family tree.

E-medicine Consumer Health

Family medical records

<http://www.emedicinehealth.com/articles/11909-1.asp>

American Association of Family Practitioners

Creating a Health Journal

<http://www.familydoctor.org/838.xml>

The Mayo Clinic

How to compile your family medical history

<http://www.mayoclinic.com/invoke.cfm?id-HQ01707>

U.S. Surgeon General's Family History Initiative

Web-based tool that helps you organize and print your family history.

<http://www.hhs.gov/familyhistory>